

# Grief 2 Growth

## Brian D. Smith

LIFE COACH | GRIEF PARTNER |  
AUTHOR | PODCAST HOST



### Grief Partnering

Based on my experiences, years of study, and helping hundreds of parents in Helping Parents Heal, I first of all listen and understand what you are experiencing. I share the techniques and resources that have helped me since the passing of my daughter.

### Life Coaching

I am a certified life coach ready to assist you in areas of your life such as family relationships, career, money, social relationships, health and recreation, and, spiritual and mental health.

It's important to keep a balance in life to live your most fulfilled life. We will uncover together what is important to you, where you might be out of balance, and develop strategies to get your life back into balance.

### Small Business Consulting

I have operated my own small business for nearly twenty years. My background in technology and marketing before that have helped me understand all aspects of a small business from how to start one. to social media, to building a website, to blogging, to launching a podcast and YouTube channel.

I help small business start and understand where they can improve.

### About Me

I have two daughters, one in Spirit. I have been married for nearly 30 years. I experienced the loss of my youngest daughter in 2015. Since then, I have dedicated my life to recovering and to helping others recover. I wrote the Amazon best-selling book "Grief 2 Growth, Planted, Not Buried." I host the Grief 2 Growth podcast.

I am a certified life coach. I have spent hundreds of hours working with hundreds of parents in the Helping Parents Heal organization.

I had a twenty-five plus year career in technology sales. I own and operate an online retail store that my wife and I started in 2002.

### Contact Me

Email: [brian@grief2growth.com](mailto:brian@grief2growth.com)

Phone: 513.858.9000

website: [www.grief2growth.com](http://www.grief2growth.com)

Podcast:

[www.grief2growth.buzzsprout.com](http://www.grief2growth.buzzsprout.com)

# Grief 2 Growth

## Brian D. Smith

LIFE COACH | GRIEF PARTNER |  
AUTHOR | PODCAST HOST



### Technical Sales 1986-2011

Career at IBM, Sun Microsystems, etc. Corporate sales of high end technology solutions.

### Owner/Operator Treasured Locks 2002-Present

I started Treasured Locks in 2002. I built the first website. I developed our own brand of products. We have served over 100,000 orders to tens of thousands of customers. I am self-taught in social media, digital marketing, email marketing, etc. I used my branding experience from IBM to develop our own product lines.

### Owner/Operator of Grief 2 Growth

After Shayna's passing, I began volunteering with Helping Parents Heal. In a volunteer capacity, I have worked with hundreds of parents whose children have transitioned to Spirit. I started and administer the Helping Parents Heal Online group of approximately 5,000 parents. This is a part of the Helping Parents Heal organization founded by Elizabeth Boisson and Mark Ireland.

I obtained a life coaching certification and started Grief 2 Growth. I have authored the Amazon best-selling book and launched a podcast with the same name.

### Volunteer and Other Work

- Board Member of Helping Parents Heal
- Board Member of The SoulPhone Foundation
- Volunteer with The SoulPhone Foundation- technology and marketing.
- Technical Assistant at San Francisco Theological Seminary- co-teaching classes on grief and spirituality

### Contact Me

Email: [brian@grief2growth.com](mailto:brian@grief2growth.com)

Phone: 513.858.9000

website: [www.grief2growth.com](http://www.grief2growth.com)

Podcast:

[www.grief2growth.buzzsprout.com](http://www.grief2growth.buzzsprout.com)